



# Temple Beth Emet

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Web Site: [www.templebethemet.org](http://www.templebethemet.org)

February 2010

Dear Friends,

**Our 10<sup>th</sup> Annual Family Mitzvah Day is Sunday, March 14th, 2010.**

Mitzvah Day at Temple Beth Emet is a day to share, encourage a sense of community and provide goods and services to families and organizations in need.

Please review the attached Mitzvah Day forms and refer to the list of organizations that you can choose from to participate with us. Meet with your family and decide what organization you would like to get involved with. Fill out the registration form and submit it to the office as soon as possible. A drop off box has been placed in the school lobby for your convenience. We are expecting 1400 participants this year and some projects are filling up fast.

Check-in and breakfast will be from 9:00 am to 10:00 am. Opening ceremony is scheduled for 10:00 am featuring a special keynote speaker, **BIG MAMA (Essie Reid)**. Projects at their assigned rooms and locations will start at 10:30 am. You will receive a program when you check in on that day. After your Mitzvah is completed you and your family can spend the rest of the day at the Temple. We will be having a bar-b-que lunch and some bounce houses for the kids.

Entry ticket for Mitzvah Day is to bring donations from the wish list for the organization of your choice or for any other project. If you are specifically choosing to donate items for your project, please label all donations with the organization's name. You can either bring them in with you on that day or drop them off at the office.

Please help us raise funds to make donations to the different organizations by purchasing a Mitzvah Day T-shirt and buying breakfast.

On behalf of Temple Beth Emet, and the wonderful organizations benefiting from your goodwill, thank you for your generosity. We hope you find that in giving, you receive back much more than you give.

In Friendship,

*Temple Beth Emet Officers, Board, Staff,  
Mitzvah Day Team Leaders and Committees.*

Date Received \_\_\_\_\_ By \_\_\_\_\_  
 Amount Received \_\_\_\_\_  
 Check # \_\_\_\_\_ Cash \_\_\_\_\_  
 Credit Card \_\_\_\_\_  
 Date Received Accounting \_\_\_\_\_  
 Date Billed \_\_\_\_\_ By \_\_\_\_\_  
 T-Shirt \_\_\_\_\_ Donation \_\_\_\_\_

# Temple Beth Emet 10<sup>th</sup> Annual Mitzvah Day Sunday - March 14, 2010 - REGISTRATION FORM

**Please complete and return this form as soon as possible**

This form may be accessed on the internet at [www.templebethemet.org](http://www.templebethemet.org)  
 You may submit this form in person, mail it to Temple Beth Emet,  
 FAX it to (954) 680-4717, or email it to [MitzvahDay@TempleBethEmet.org](mailto:MitzvahDay@TempleBethEmet.org)

## LIST ONLY THE NAMES OF PARTICIPATING FAMILY MEMBERS

Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Spouse's Last Name \_\_\_\_\_ First Name \_\_\_\_\_  
 Street Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone (\_\_\_\_\_) \_\_\_\_\_ Cell Phone (\_\_\_\_\_) \_\_\_\_\_  
 Email \_\_\_\_\_

**Please list only the names of your children who will be participating in Mitzvah Day:**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_  
 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_  
 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_  
 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Age \_\_\_\_\_

**Babysitters will be available for projects at TBE only. Please list the names of children who will require a babysitter:**

Name \_\_\_\_\_ Age \_\_\_\_\_ (No children under the age of two please)  
 Name \_\_\_\_\_ Age \_\_\_\_\_ (No children under the age of two please)

**"We make a living by what we get, but we make a life by what we give"...Winston Churchill**

Donation Amount: \$ \_\_\_\_\_ (May contact the Temple for any questions)

**Mitzvah Day Fundraiser: All participants are encouraged to purchase a Temple Beth Emet Mitzvah Day T-Shirt**

**Cost: \$10 each for Men/Women. Please enclose a Check, indicate Size and Quantity: Total amount enclosed: \$ \_\_\_\_\_**

**Quantity:** Adult XXL \_\_\_\_\_ Adult XL \_\_\_\_\_ Adult L \_\_\_\_\_ Adult M \_\_\_\_\_ Adult S \_\_\_\_\_ Child L \_\_\_\_\_ Child M \_\_\_\_\_ Child S \_\_\_\_\_

Families are encouraged to participate together on the same project. Please select the organization you are most interested in volunteering for. We will make every **effort** to provide you with your 1<sup>st</sup> choice (contingent on early registration) as **projects fill up quickly**. When selecting your project, keep in mind that some organizations have minimum age requirements. Please indicate a 2<sup>nd</sup> and 3<sup>rd</sup> choice in case your 1<sup>st</sup> choice is full. If all your project choices are full, we may place you in another available organization. **See "ATTACHMENT A" for List of Organizations.**  
**For Community Service Hours, official High School log must be presented at Mitzvah Day check-in.**

**If your family is participating in the same project together, complete SECTION A.**

### SECTION A

Family Name \_\_\_\_\_ 1<sup>st</sup> Organization: \_\_\_\_\_  
 2<sup>nd</sup> Organization: \_\_\_\_\_ 3<sup>rd</sup> Organization: \_\_\_\_\_

**If your family is NOT participating in the same project together, complete SECTION B.**

### SECTION B

Participant's Name \_\_\_\_\_ 1<sup>st</sup> Organization: \_\_\_\_\_  
 2<sup>nd</sup> Organization: \_\_\_\_\_ 3<sup>rd</sup> Organization: \_\_\_\_\_

Participant's Name \_\_\_\_\_ 1<sup>st</sup> Organization: \_\_\_\_\_  
 2<sup>nd</sup> Organization: \_\_\_\_\_ 3<sup>rd</sup> Organization: \_\_\_\_\_

**Specify if you wish to register for more than 1 Project. Some take less time (Blood Drive & Locks of Love).**

### SECTION C

NAME \_\_\_\_\_ Next Organization: \_\_\_\_\_  
 NAME \_\_\_\_\_ Next Organization: \_\_\_\_\_

**For Team Leader use only:** If you are signed up to be a Team Leader, please list the Organization: \_\_\_\_\_



# Temple Beth Emet 10th Annual Family Mitzvah Day

Sunday, March 14, 2010
















## REGISTRATION FORM: ATTACHMENT A

**All participants will meet at the Temple 9:00 AM-10:00 AM for Check-In & Breakfast Snack (\$2.00) Opening Ceremony at 10:00 AM. Mitzvah Projects at assigned locations begin at 10:20 AM**

\* These organizations will meet at the Temple and depart to assigned location at 10:10 AM sharp.

\*\* These organizations will meet at the Temple and depart at the time that is specified.






~ You do not need to sign up for these organizations - you may visit them at anytime during the day.

Organization	Mitzvah Project	Wish List
<b>Bake Sale</b> 	Proceeds to support Mitzvah Day.	
<b>Camp Beth Emet Hot Dog Stand</b> 	Cook and sell Hot Dogs to help raise money for Mitzvah Day organizations.	Adults to supervise & cook Hot Dogs. <u>Needed:</u> hot dogs, buns, condiments, BBQ utensils.
<b>Quartermaster Donation Center</b> 	Collect and sort donated items and distribute to assigned projects.	Volunteers to sort donations one day before Mitzvah Day, collect donations during check-in and deliver them to assigned rooms.
<b>TBE Babysitting</b> 	Assist with Babysitting.	Teens to assist with babysitting.
<b>Temple Beth Emet</b> 	Help around the Temple.	
<b>Youth Group-Car Wash</b> 	Help with the Car Wash Fundraiser. (Bring a change of clothes.)	Disposable gloves, buckets, sponges, rags, car soap, 2 hoses, Windex, paper towels.
<b>Helping Animals in Need</b>	<b>Tza'ar Ba'alei Hayyim</b>	
<b>Shabbat Memorial Dog Resue Inc./ Urban Tails Inc./ Grateful Paws~</b> 	Visiting the booth and interact with pets. The pets will be available for adoption and foster care.	Cat and dog food; leashes, collars, pet bedding, cat litter, pet toys. Cosco gift cards, blankets, sheets, towels, carriers, crates, litter boxes, scratch posts, cat furniture
<b>Project Stable Foundation at APPY Pines Ranch *</b> 5790 SW 130 Ave., Davie <i>Project Stable Foundation, Inc</i>	Therapeutic Horseback Riding Demo: Help groom & feed Horses, clean up Stables. Kids under 12 must be accompanied by an adult and supervised at all times.	Carrots & apples to feed horses, rags. <u>Note:</u> Must sign a release form before departing.
<b>Helping the Underprivileged</b>	<b>Ma'achil Re'evim</b>	
<b>Big Mama- Essie</b> 	Assembling Easter baskets for underprivileged children.	Empty baskets, Easter filling bags, plastic eggs, candy, jelly beans, coloring book, new crayons, chocolate bunnies, etc. cellophane paper.
<b>Broward Pace Center for Girls</b> Intervention/Prevention Program for at-risk girls in Broward County 	Interact with Teenage Guests from the center & prepare Miracle Gift Bags. Teenage Girls wanted to act as mentors.	Toiletries, feminine hygiene products, hair brushes/combs/accessories, deodorant, underwear (sizes 10-12 / 14-16 & women's), socks, training bras, bedroom décor, diaries, watches, alarm clocks, make-up, stuffed animals, games, books, stickers, photo frames, gel pens, etch-a-sketch, shoe laces, keychains, air fresheners, notebook binders, folders, disposable cameras, pencils/erasers, line paper, pens, electric/manual sharpeners.
<b>Broward Partnership For The Homeless, INC.</b> 	Making Mitzvah Cards and Hygiene Bags for Residents.	Toothbrushes, toothpaste, soap, underwear for men/women/children, infant diapers. <u>For cards:</u> Color construction paper, markers, color pencils, stickers, chenille stems.
<b>Miami Children Hospital- Haiti Disaster Relief Fund</b> 	Sorting toiletries, into individual bags for the victims of the earthquake in Haiti.	Toiletries, feminine hygiene products, hair brushes/combs/accessories, deodorant, underwear, water, clothes, blankets, etc.
<b>Jewish Family Service</b> 	Create Matzah Covers, Afikoman Bags, Seder Plates.	Kosher, non-perishable food: cans or plastic containers...No Glass; small cans of tuna, gefilte fish, sardines, salmon, parmalat, applesauce small plastic containers.
<b>Jubilee Soup Kitchen</b> 	Prepare Packages for the Homeless.	Small brown paper bags, shampoo, conditioner, bars of soap, wash cloths, disposable razors, deodorant, toothbrushes, toothpaste, comb, white athletic socks.

## Temple Beth Emet 10th Annual Mitzvah Day - ATTACHMENT A (Page 2)

<i>Helping the Underprivileged</i>		<i>(Continued)</i>	
<b>Kids In Distress</b> 		Filling up Paper Bags with Activities for the Children.	Baby wipes, brown paper bags, crayons, colored pencils, markers, stickers, coloring books, mini toy cars, paper pads, bubbles, stamps, ink pads, mini dolls, children's books, erasers.
<b>Special Olympics Florida</b> 	of	Prepare ribbons for their next Olympic Event.	Lanyard of all different colors.
<b>Susan B. Anthony</b> 		Prepare Gift Bags and Deliver to the Organization.	Toothbrushes, toothpaste, soap, toilet paper, cleaning products, laundry detergent, bleach, towels, baby diapers (all sizes), children's socks, baby wipes.
<b>W.E.C.A.R.E.*</b> 		Visit and learn how the Food Pantry operates. Stack shelves and sort Donations.	Non-perishable foods: peanut butter, jelly, spaghetti, rice, dry beans, macaroni/cheese, cereal, spaghetti sauce, dry & canned/boxed milk, juice, healthy snacks, non-perishables, paper goods, toiletries, wheelchairs, walkers, canes, used glasses.
<b>Women In Distress</b> 		Prepare Gift Bags and Deliver to the Organization.	Baby diapers (all sizes, not newborn), toilet paper, cleaning products, laundry detergent, bleach, towels & all size bed sheets (good condition), children's socks, non-perishable food, bus passes, laundry vouchers.
<i>Honoring the Elderly</i>		<i>Kibud Z'kenim</i>	
<b>Federation Gardens *</b> Seniors' Residence in Davie 5701 SW 82 Avenue, behind the JCC		Arrange Flower Bouquets for Senior Residents, then depart to Federation Gardens. Help Residents with chores, attend a gathering in their social room with Cantor Jan.	<u>Bouquets:</u> Fresh flowers, color cellophane, ribbon, tape. <u>For the Home:</u> Cleaning supplies, sugar-free/regular snacks for seniors to enjoy at a gathering where Cantor Jan & Musicians will perform.
<b>Memorial Manor Nursing Home **</b> 777 S. Douglas Road, Pembroke Pines		Arrange Flower Bouquets for Senior Residents, then depart to Nursing Home at 1:15 p.m. for time with Residents, including bingo, outdoor walks, ice-cream cart and room visits.	<u>Bouquets:</u> Fresh flowers, color cellophane, ribbon, tape. <u>For the Home:</u> Handheld magnifying glasses, DVDs, headphones, walkmans with cassette players, AA and 9 volt batteries.
<i>Tending to the Sick</i>		<i>Bikkur Holim</i>	
<b>American Cancer Research Society</b> 		Decorate Luminaria Bags for Relay For Life, Cancer Survivor Walkathon.	Crayons, colored pens, pencils, water colors, brushes, stickers, purple plastic tablecloths.
<b>Blood Drive</b> 		Donate Blood to Community Blood Centers of S. FLA. Must pre-register. You can register for other projects.	Donors must Pre-register, Donate Blood in early morning if registered for other projects.
<b>Children's Home Society</b> 		Fill air-tight Kitchen Containers with Products for Needy Families.	First Aid Kits: Band-Aids, Q-Tips, Tylenol, Baby Aspirin, Neosporin, Cough Medicine. Cleaning Supplies: mops/brooms, laundry & dish detergent, all-purpose house cleaner, Windex, sponges/cloths, kitchen containers.
<b>Gilda's Club</b>  <p style="font-size: small;">cancer support for the whole family, the whole time</p>		Decorate, Label and Fill Bags. Organize Donations to proper piles such as: Office Supplies, Kitchen Supplies, etc.	Publix, Winn-Dixie, Lowe's Gift Certificates; finger paints, watercolor painting supplies, crayons, drawing/copier paper, post-it-notes, disposable cameras, batteries AA & D, snacks, crackers, chips, cookies, pretzels, bottled water, cans of soda, juice boxes.
<b>Jackson Pediatric Center</b> 		Prepare Craft Projects that will be distributed to Children at the Center.	Developmental & Educational Toys/Books, High Chairs, Walkers, colorful Twin Bed/Crib Sheets, Blankets for babies/children, suction cups toys for wheelchair trays, Toothbrushes, Hair Brushes, Mobiles, Diaper Bags, Baby Bottles, Bibs, Baby Bath/Lotion/Oil/Wipes, Pacifiers w/holders, infants/children's socks.

## Temple Beth Emet 10th Annual Mitzvah Day - ATTACHMENT A (Page 3)

<i>Tending to the Sick</i>	<i>(Continued)</i>	
<b>Locks of Love ~</b> Hair Donation Drive 	Donate 6"-10" hair to make Hairpieces for Children. Hairdresser will be at the Temple to provide Free Haircuts.	6"-10" of clean hair in pony tail or braid to make wigs for children who have lost their hair due to treatment. Must be free from chemical damage.
<b>United Cerebral Palsy **</b> Depart from Temple 11:00 am 6601 SW 41 Street Davie 	Arrange Flower Bouquets for Patients, then depart to UCP. Barbecue with Developmentally Disabled Adults. Volunteers to accompany Cantor Jan and the Choir to sing at the BBQ.	Bouquets: Fresh flowers, color cellophane, ribbon, tape. <b>BBQ:</b> Burgers, hot dogs, buns, condiments, salad, soda, dessert. Residents need sheets, pillowcases (twin bed), asked for the following gifts: small suitcases with wheels for men/women, need about 15-20.
<i>Preserving the Earth</i>	<i>Bal Tash'chit</i>	
<b>TBE Landscaping</b> 	Landscaping around Temple Beth Emet Playground, Sanctuary, and surrounding area.	Bring gardening tools, gloves, sunscreen, hats. Donate plants to be dedicated "In Honor" or "In Memory" of a loved one.
<i>We Are Our Brothers Keepers</i>	<i>Kol Israel Chaverim</i>	
<b>Aleh Foundation</b> 	Prepare packages with candy, personal cards to the Aleh's Children in Israel.	Color construction paper, markers, color pencils, stickers, and Kosher candies.
<b>Beit Issie</b> 	Mitzvah Cards for the Special Needs Children in Israel.	Color construction paper, markers, color pencils, stickers, chenille stems.
<b>Coloring Away Pain</b> 	Make Baskets of Wish List items for Children who need books dealing with divorce, death, fears, anxiety, etc. Make Cards for the Baskets to let them know that "Life is Good"	Boxes of new crayons, (min. 8, Box of 24 preferred), postage stamps, multi-purpose copy paper, 10X13 Catalog Envelopes, books (concerning death, divorce, fears, anxiety), print services promotional items.
<b>J.A.F.C.O.</b> Jewish Adoption & Foster Care Options 	Prepare Kits for Children being placed in Foster Homes.	Target/Walmart Gift Certificates. Baby items, diapers/rash lotion, bottles, clothing, wipes, shampoo, books, sunscreen. New Pajamas, underwear, sports bras, socks size 4-16, toiletries, all size robes, towels, washcloths, bath mats, shaving needs, hygiene items, detergent. Teen Cosmetics, nail polish, hair accessories, lotions. Spare change for JAFCO's lucite Collection Box.
<b>Operation Gratitude/ Operation Wish Well</b> 	Send Holiday Gift Baskets to our Service Men and Women.	Sunblock, soap, lotion, travel kleenex, throat lozenges, gum/lifesavers, chapstick, Tylenol, Q-Tips, paper/pens/notebooks, disposable cameras, Headsets/earpiece/microphone, all size batteries, books/magazines, computer flash drives, Video Games/Systems, IPODs, t-shirts, socks, underwear, ready to eat tuna & chicken kits, beanie babies, prepaid phone cards, board games.
<b>Please do not register for the following Projects. You can visit them anytime during Mitzvah Day.</b>		
<b>Becca's Closet ~</b> 	Visit the booth. Help collect New and Used Formal Wear/Shoes in all sizes.	Volunteers who are willing to donate formal wear and shoes-new and used any sizes.
<b>Cystic Fibrosis ~</b> 	Visit the booth and help Raise Donations.	Purchase Sneaker & Rose pin-ups for \$1.00.
<b>Elem-Youth In Distress in Israel ~</b> 	Visit the booth and help Raise Funds to save Israeli Teens.	Donations.
<b>IMF (International Myeloma Foundation) ~</b> 	Visit the booth to learn about this Cancer Disease.	Volunteers to sign up to become Organ Donors.
<b>Joe DiMaggio Children's Hospital ~</b> 	Visit the booth and help Raise Funds to support Children in the Hospital.	Purchase raffles to help raise money for the Hospital.
<b>Life Alliance Organ Recovery Agency ~</b> 	Visit the booth and help Raise Funds to educate our community on the importance of organ donation.	Sign up to become an organ donor.
<b>Share A Life ~</b>	Sponsor a Child from the Neve Michael Children's Village.	The cost to sponsor a child is \$500.